

Favorite Foods

There are many poems and books about food. A favorite is *Bread and Jam for Frances*, by Russell Hoban. Frances wants to eat nothing but bread and jam, three meals a day, until her mother stops asking her if she wants to eat the meal she has prepared. Frances learns a good lesson about eating a variety of different foods.

Talk about foods that children like to eat. Have them imagine eating nothing but bacon and eggs or spaghetti and meatballs for a week. Ask them what food they would want to eat every day for a week.

In the "Miscellaneous Writing Prompts" section of this book you will find directions for making reversible books. This format would be useful when writing about "Foods I Like vs. Foods I Don't Like."



